

**BSN-Doctor of Nursing Practice DNP Hours Documentation Table
Psychiatric Mental Health Nurse Practitioner**

DNP End-of-Program Student Learning Outcomes & NONPF Professional Role Competencies	Type of Activity (e.g., QI work project, service-learning, professional meeting, Scholarly Project Hours, evidence appraisal, webinar)	Evidence (e.g., CE certificate, e-mail, selfie)	Date & No. of Hours
1.2 Integrate knowledge from the humanities and sciences within the context of nursing science			
1.3 Develops an age-appropriate treatment plan for mental health problems and psychiatric disorders based on biophysical theories, evidence-based standards of care, and practice guidelines.			
1.4 Includes differential diagnosis for mental health problems and psychiatric disorders.			
1.5 Assess impact of acute and chronic medical problems on psychiatric treatment.			
1.6 Conducts individual and group psychotherapy.			
1.7 Applies supportive, psychodynamic principles, cognitive-behavioral and other evidence-based psychotherapy/-ies to both brief and long-term individual practice.			
1.8 Applies recovery oriented principles and trauma focused care to individuals.			
1.9			

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Demonstrates best practices of family approaches to care.			
1.10 Plans care to minimize the development of complications and promote function and quality of life.			
1.11 Treats acute and chronic psychiatric disorders and mental health problems.			
1.12 Safely prescribes pharmacologic agents for patients with mental health problems and psychiatric disorders.			
1.13 Ensures patient safety through the appropriate prescription and management of pharmacologic and non-pharmacologic interventions.			
1.14 Uses individualized outcome measure to evaluate psychiatric care.			
1.15 Uses outcome to evaluate care.			
1.16 Maintains a therapeutic relationship over time with individuals, groups, and families to promote positive clinical outcomes.			

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1.17 Considers motivation and readiness to improve self-care and healthy behavior when teaching individuals, families, and groups of patients.			
1.18 Applies knowledge of organizational practices and complex systems to improve health care delivery.			
1.19 Effects health care change using broad based skills including negotiating, consensus-building, and partnering.			
1.20 Minimizes risk to patients and providers and the individual and systems level.			
1.21 Collaborates in planning for transitions across the continuum of care.			

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2. Implement and evaluate health care delivery based on scientific findings that ensure quality and safety and consider ethical dilemmas, by using advanced communication processes, business and financial principles, and sensitivity to diverse populations. **Diversity & Communication must be displayed in the evidence.			
NONPF Professional Role Competencies			
2.1 Integrates ethical principles in decision making.			
2.2 Evaluates the ethical consequences of decisions.			
2.3 Applies ethically sound solutions to complex issues related to individuals, populations, and systems of care.			
2.4 Identifies the role of PMHNP in risk-mitigation strategies in the areas of opiate use and substance abuse clients.			
2.5 Teaches patients, families, and groups about treatment options with respect to			

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developmental, physiological, cognitive, cultural ability and readiness.			
NONPF Professional Role Competencies			
3. Translate research into practice using evidence-based methods by disseminating findings, collaborating between disciplines, designing processes, and evaluating quality improvement methodologies to address the complex needs of humankind. **Critical Thinking, Professionalism & Communication must be displayed in the evidence.			
NONPF Professional Role Competencies			
3.1 Translates research and other forms of knowledge to improve practice processes.			
3.2 Develops new practice approaches based on the integration of research, theory, and practice knowledge.			
3.3 Evaluates the appropriate uses of seclusion and restraints in care processes.			
3.4 Provides leadership in the translation of new knowledge.			

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3.5 Generates knowledge from clinical practice to improve practice and patient outcomes.			
3.6 Applies clinical investigative skills to improve health outcomes.			
3.7 Leads practice inquiry, individually or in partnership with others.			
3.8 Disseminates evidence from inquiry to diverse audiences using multiple modalities.			
3.9 Analyzes clinical guidelines for individualized application into practice.			
NONPF Professional Role Competencies			
4. Design information systems to guide clinical decision making, evaluate programs, and improve healthcare outcomes while considering ethical and legal issues related to the use of information. **Technology & Communication must be reflected in the evidence.			
NONPF Professional Role Competencies			
4.1			

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Integrates appropriate technologies for knowledge management to improve healthcare.			
4.2 Translates technical and scientific health information appropriate for various users' needs.			
4.2.1 Assesses the patient's and caregiver's educational needs to provide effective, personalized health care.			
4.2.2 Coaches the patient and caregiver for positive behavioral change.			
4.3 Demonstrates information literacy skills in complex decision making.			
4.4 Contributes to the design of clinical information systems that capture data on variables for the evaluation of nursing care.			

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5. Demonstrate leadership through the development, implementation, and analysis of health policy at the micro and macrosystems of health care by engaging policy makers and advocating for social justice and the nursing profession. **Diversity & Professionalism must be displayed in the evidence.			
NONPF Professional Role Competencies			
5.1 Uses self-reflective practice to improve care.			
5.2 Participates in community and population-focused programs that promote mental health problems and prevent or reduce risk of mental health problems and psychiatric disorders.			
5.3 Advocates for complex patient and family medicolegal rights and issues.			
5.4 Collaborates with interprofessional colleagues about advocacy and policy issues at the local, state, and national [levels] related to reducing health disparities and improving clinical outcomes for populations with mental health problems and psychiatric disorders.			

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5.5 Employs opportunities to influence health policy to reduce the impact of stigma on services for prevention and treatment of mental health problems and psychiatric disorders.			
6. Lead interprofessional teams through effective communication, leadership, and collaboration to create practice improvement innovations in complex health care delivery systems. **Communication & Professionalism must be displayed in the evidence.			
NONPF Professional Role Competencies			
6.1 Seeks consultation when appropriate to enhance one's own practice.			
6.2 Provides consultation to health care providers and others to enhance quality and cost-effective services.			
6.3 Facilitates the transition of patients across the levels of care.			

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7. Analyze health care delivery models using scientific data to develop, implement, and evaluate health promotion and disease prevention strategies to address gaps in care for population health. **Critical Thinking, Diversity & Technology must be displayed in the evidence.			
NONPF Professional Role Competencies			
7.1 Facilitates the development of health care systems that address the needs of culturally diverse populations, providers, and other stakeholders.			
7.2 Evaluates the impact of health care delivery on patients, providers, other stakeholders, and the environment.			
7.3 Analyzes organization structure, functions and resources to improve the delivery of care.			

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8. Demonstrate advanced clinical judgment, systems thinking, and accountability by designing and implementing evidenced-based care for specialty nursing practice via interprofessional collaboration, excellence in nursing, and therapeutic relationships with patients and other professionals. **Critical Thinking, Communication, & Professionalism should be displayed in the evidence.			
NONPF Professional Role Competencies			
8.1 Explain the risks and benefits of treatment to the patient and their family.			
8.2 Guides the patient in evaluating the appropriate use of complementary and alternative therapies.			
8.3 Manages psychiatric emergencies across all settings.			
8.4 Refers patient appropriately.			
8.5 Attends to the patient- nurse practitioner relationship as a vehicle for therapeutic change.			

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8.6 Therapeutically concludes the nurse-patient relationship transitioning the patient to other levels of care, when appropriate.			
8.7 Demonstrates ability to address sexual/physical abuse, substance abuse, sexuality, and spiritual conflict across the lifespan.			
8.8 Applies therapeutic relationship strategies based on theories and research evidence to reduce emotional distress, facilitate cognitive and behavioral change, and foster personal growth.			
8.9 Apply principles of self-efficacy/empowerment and other self-management theories in promoting relationship development and behavior change.			
8.10 Identifies and maintains professional boundaries to preserve the integrity of the therapeutic process.			
8.11			

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Provides psychoeducation to individuals, families, and groups regarding mental health problems and psychiatric disorders.			
8.12 Modifies treatment approaches based on the ability and readiness to learn.			
8.13 Demonstrates knowledge of appropriate use of seclusion and restraints.			
8.14 Documents appropriate use of seclusion and restraints.			