

MS Strong Community Race Event

University of Nebraska Medical Center/Nebraska Medicine
Multiple Sclerosis Clinic MAHA Program

TOGETHER WE **FIGHT**
TOGETHER WE **RUN**
TOGETHER WE ARE



Saturday, May 20, 2023 | 9 a.m. – 3 p.m.

Aksarben Village – Stinson Park
2285 S 67th St., Omaha, NE 68106

To register: Scan the QR code below or visit:
<https://www.nebraskamarathon.org/ms-strong/>



- Registration: Fun Run & 5K (\$30) or 10K (\$40)
- Registration includes Race Entry, Race Bib and Official Race Shirt.
- Other Activities: Food trucks, DJ and Family-fun activities.

MAHA Program

The Multiple Sclerosis at Home Access (MAHA) program, is a comprehensive, patient-centered service for individuals with MS and other demyelinating diseases (MOGAD, NMOSD) with disability in our community.

Despite patients' disability, exercise, socialization and advocacy are a pivotal component to wellness and quality of life. Our main priority with funds from the MS Strong race event will go toward funding exercise scholarships for those enrolled in the MAHA program to MS community partners with expertise working with this population. Excess funds will be designated for the MAHA program. The team's long-term vision is to start a MS community, day achievement program.

To learn more about the MAHA program:

<http://bit.ly/3iOlxy2>

If you would like to participate but are financially unable, please reach out to MSStrong@unmc.edu for additional options.